



NEWMAN SENIOR HIGH SCHOOL CANTEEN MENU 2020*



Canteen Manager - Sandi Moore

(08) 9175 8127

The canteen can be accessed by students and both recess and lunchtimes. Please kindly place lunch orders at Recess.

The Canteen cannot offer an account but on a prepaid cash basis. No credit unless set up with Canteen Manager.

Available Every Day

Sandwiches | Rolls | Wraps

	Sandwiches	Rolls/Wraps
Ham & Cheese	\$ 3.50	\$ 4.00
Ham, Cheese & Tomato	\$ 4.00	\$ 4.50
Ham & Salad	\$ 4.00	\$ 4.50
Chicken & Cheese	\$ 4.00	\$ 4.50
Chicken, Lettuce & Mayo	\$ 4.00	\$ 4.50
Chicken & Salad	\$ 4.50	\$ 5.00
Plain or Curried Egg	\$ 3.50	\$ 4.00
Egg & Lettuce	\$ 4.00	\$ 4.50
Tuna & Cheese	\$ 3.50	\$ 4.00
Tuna & Salad	\$ 4.00	\$ 4.50
Salad	\$ 3.00	\$ 3.50
<i># Wholemeal bread on request</i>		
BLT	\$	4.50
Chicken and Salad	\$	4.50

Salad Platters

Salad	\$ 4.00
Ham & Salad	\$ 5.50
Chicken & Salad	\$ 5.50
Tuna & Salad	\$ 5.50
Extra's	
Egg and Pineapple	\$ 0.50

Drinks

Water 600ml	\$ 2.00
Nippy's Flav Milk 250ml	\$ 2.50
Milk Drinks 300ml	\$ 3.00
Milk Drinks 600ml	\$ 4.00
Hot Chocolate (Term 2&3)	\$ 2.00

Juice's

Daily Juice Orange 500ml	\$ 3.50
Daily Juice Apple 500ml	\$ 3.50
Assorted Slushies	\$ 2.00
Mixed Fruit Boxes	\$ 2.00

Fruit

Pieces of Fruit	\$ 1.00
Mixed Fruit Cups	\$ 1.00
Sorbets Ass Flav	\$ 2.50
Jelly Cups with Fruit	\$ 1.00

Lunchtime

MONDAY

Hot dog & sauce	\$ 3.50
Hot dog, sauce, cheese & onion	\$ 4.50
Meat pie	\$ 4.00
Sausage roll	\$ 3.50
Sauce	\$ 0.50

TUESDAY

Chicken salad burger	\$ 5.00
Beef salad burger	\$ 5.00
Macaroni and Cheese	\$ 5.00

WEDNESDAY

Italian Meatballs with pasta	\$ 5.00
Fried Rice with chicken	\$ 5.00
Patato Bake	\$ 5.00

THURSDAY

Chilli Chicken & salad wrap	\$ 5.00
Mayo Chicken & salad wrap	\$ 5.00
Beef Nacho's	\$ 5.00
Spaghetti Bolognese	\$ 5.00

FRIDAY

Roast meat & gravy roll	\$ 5.00
Alternate - Chicken, Pork or Beef	

Alternate weeks -

Chicken Pasta Bake	\$ 5.00
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Recess

Toasties - Daily

Ham & Cheese	\$ 3.50
Ham, Cheese & Tomato	\$ 4.00
Chicken, Cheese & Mayo	\$ 4.50
Bacon & Cheese Puffs	\$ 2.00
Assorted Snacks (e.g., Potato Sticks, Rice Wheels)	\$ 1.00
Blueberry Muffins	\$ 2.50

All items are colour coded as per the school Traffic Light system
Green - Healthy
Amber - Select in moderation

**Please note that both items and prices are subject to change prior to the commencement of 2021*