

Newsletter

Issue 2



09 APRIL 2020

Principal's Address



We started the year in the heat of summer. April brings with it a change in season, Autumn is here and 'Winter is Coming'. This year as a country we have had fire and drought, and now the whole world is in challenging times. Routines have changed, connections are not physical, and things keep changing. In the midst of the COVID19, we are adapting and changing and thinking about hope – and Spring, new life and opportunity.

The support from families for the social distancing which will protect our whole community, is so very important. I would like to express appreciation for the very positive community support as we move towards 'learning at home', learning online and doing things differently. At school, our staff have been working incredibly hard to adapt and change, and provide learning opportunities for your children. I want to acknowledge the huge commitment this has taken and the professional approach taken by staff members.

In the newsletter is a copy of the letter from me, being sent home with the individual student packs for the first four weeks of next term. That letter gives an outline of the practical steps we are taking to adapt to new ways of learning next term. It is in the hard copy packs sent home for students as well.

A school exists to educate whole children, hearts and minds. That education usually happens with us coming together. Connections with friends and being able to be challenged and excited about learning, play sport on ovals, build things in workshops and create in creative spaces - these are things I am sure students will be missing.

This too shall pass. It's important to have a sense of hope and possibility – this will pass, spring will come, hope will give us strength. We are definitely in this together.

Please enjoy the school holiday period – we look forward to connecting with students learning at home, in Term 2.

Carolyn Cook
Principal



COVID-19

Term 2

We will be proceeding on the basis that:

- Learning will be online via Connect, or through printed work packages
- Parents are encouraged to keep children at home
- Parents who need to send their children to school may choose to do so
- Student wellbeing is a priority
- Staff will be present on the school site
- Term 2 - Teachers on site from Tuesday 28 April.



A message from the Chair of the School Board



A Dear Parents

The Corona Virus has come upon us unexpectedly and left many of us to ponder the future and especially the immediate future of our children at school. I would like to reassure you that our school under the leadership of Carolyn Cook and her team means we are in good hands.

All of our teaching team are striving to ensure that they provide your children, their students with all they need to get through this time and maintain ongoing education. Not an easy task. For those of us that are trying to help children learn from home, I think this gives us a new perspective on the role our teachers and allied professionals play.

I ask you to remember that this is new ground for us all, especially our school, and our staff are striving to follow the directions given on a state level to provide educational support but also to do it in the Newman Way

I on behalf of the Board have thanked them for all they are doing and ask that you also give consideration to the efforts they are putting in at this time to help us get through these tough times. Hopefully we will return to normal in the next few months.

Lynne Craigie



Nominations for Parent Representative

The school board invites you to consider the following nominations for parent representative. Voting 'slips' will be emailed out early Term 2. We are very fortunate to have so many people willing to contribute so positively to the school.

[Nominees](#)

Swimming Carnival



Left to right: Mia Cross, Mai Ngernsupa, Shnae Cross Makenzy Russell, Abby Talbot, Ella Short, Amelia Willock, Ella Penniment, Lily Mitchell, Molly Dhu, Bianca Manu, Kayla Tanner and Vanessa Nalder (front)

On 28 February Newman Senior High School held their annual Swimming Carnival at the Newman Aquatic Centre. We had glorious conditions on the water for our competitive day with over 100 students attending and participating in all strokes over 50m. We split up the day with various activities including our NSHS tradition – volleyball and also played tug of war and bench ball. The fight for the house trophy was very close with Weeliwolli taking out bragging rights yet again.

I would like to commend all students for showing positivity, determination and the Newman Way throughout the day. The HPE team love seeing students give it a go and encourage their mates. We look forward to the 2021 Swimming Carnival!

Ms Jamie Higgott
Health and Physical Education Teacher



Harmony Day



Left to right: Ms Ashley Ng, Ms Cath Sanders, Maddison Hogan, Isla Madson, Monique Garland, Shanyka Nance, Heidi Peacock, Ms Emma Hampel, Ms Matilda Cornes, Mr Phil Hoefer and Ms Jayne Palmer

On Friday 27 March the school celebrated our diversity and our inclusiveness of all people on Harmony Day. Students and staff dressed in orange and donated a gold coin. They raised a total of \$69 for the Newman Woman's Shelter.





2019 Year book

NAPLAN

Please be advised that NAPLAN 2020 has been cancelled.

Here is the link to the communication that was released by the Education Council.

[Education Council Communique](#)

Year 7 Science –
separation
(cleaning water)



We now have limited copies of our 2019 Year book for sale, if you would like to purchase one they are available from the Front Office.

Cost: \$40



Science Department

Ms Amy Doyle instructing our Year 11 ATAR Science students on how to dissect a heart.

Communication



Parents and caregivers are encouraged to keep in contact with teachers using Connect. Connect allows your child's teachers to provide information about the teaching and learning activities occurring in his/her classes directly to the parents and caregivers.

Parents will be provided with their own secure login to Connect once they submit the registration form and their information is verified. When they login to [Connect](#) they will be able to see information specific to their own children which will include items such as:

- the classes which are on their children's timetables
- class calendars
- assessment outline information for each course, drawn from Reporting to Parents
- assessment details and marks/grades/comments on the achievement for their own child
- week by week attendance information for their children
- notices from classes that automatically generate an email notification for parents

Please click here for download to become familiar with [Connect - Step by step guide for parents](#).

Please click here to access the [Connect Registration for Parents form](#) and return this to the school.

Is your email address correct? Please ensure your email address is up to date, please drop in to the Front Office to check.

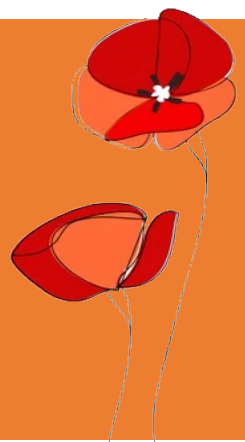


Parents please consider downloading the Skoolbag app for current school information.

Over the past few months we have been working very hard on a complete overhaul of our school website to make it easier to navigate, more user-friendly and mobile-compatible. Take a look....

<http://newmanshs.wa.edu.au>

We would like to say a big "thank you" to our local photographers Mr Kevin Mitchell (Chasing Stars) and Ms Sarah Stampfli (Serene Bedlam Photography) for always providing quality photos of our local area and students.



Connect and Webex



Please click on the link/s below for more information. These documents can also be found on our Website under Online Learning.



[Connect – What is it](#)

[Connect Procedures for Parents and Students](#)

[Online Etiquette](#)

[Online Learning Advice for Parents and Students](#)

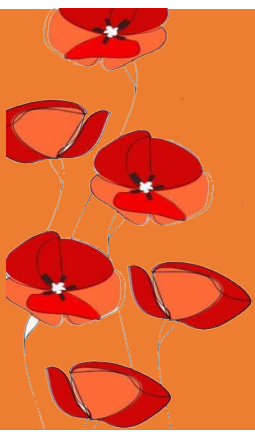
[Protocols and Norms While Learning Remotely](#)

[Tips for Maintaining Mental Health During Social Isolation](#)

[Webex Introduction for Parents and Students](#)

[Webex Meetings – Parent Quick Start](#)

[Webex Parents FAQ](#)



Books

Libraries are currently closed however they do allow online access to eBooks, magazines and films.

Perth Library

Join the Library

If you'd like to use our eResources and are not a City of Perth Library member, you can [join online](#). City of Perth Library membership is free.

eResources

You can still access our range of eResources online. We have a wide range of books, magazines, newspapers, films and more, all available from your computer or device for free with your Library membership. [Visit the eResources page](#) for a full list.

Newman Library

Our Libraries have acquired new electronic resources as part of our goal to support lifelong learning in the community. To access these resources, you will need to enter your library card number and create an account.

Online Resources

Borrowbox

Browse and borrow bestselling eAudiobooks and eBooks.



OverDrive

Sign in with your library card to enjoy digital books on your computer, tablet, smartphone or eBook reader, anytime, anywhere! Please click here for your introduction to Overdrive.



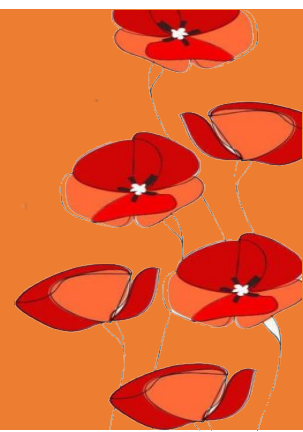
RB Digital

Popular, current and back issues: eMagazines for download with permanent checkout.



Ancestry Library Edition

This is the Library Edition of the popular online genealogy database. It is only available from Library computers inside the library



Positive Parenting

Triple P – Positive Parenting Program®

Positive Parenting

By Professor Matt Sanders



Parent Traps

By Professor Matt Sanders

It's tough being a parent but it's easy to fall into one of the common parenting traps.

The criticism trap is when there are frequent power struggles with your child. The situations escalate from criticising to threatening and yelling. This type of discipline often backfires. The parent's anger makes the child and parent resentful and hostile. If these kinds of battles take place frequently, it's time to try a new way of handling the situation.

The “leave them alone” trap involves the parent simply not acknowledging their child when they are behaving well. If good behaviour is taken for granted it may be replaced with the misbehaviour that receives more attention. A basic principle of positive parenting is to praise behaviours you would like to see more often.

The “for the sake of the children” trap occurs when parents in unhappy marriages stick doggedly to the same marriage routines, for the sake of the children, rather than addressing the problems constructively.

The perfect parent trap. There is no such thing as a perfect parent and trying to be one will only lead to disappointment, resentment, guilt, and feelings of inadequacy.

The martyr trap is one where parents become so over-involved in the task of parenting they neglect their own needs. The parents' relationship suffers and may end in feelings of dissatisfaction and resentment. Quality parenting can only happen when adults have their own lives in balance.

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information go to www.triplep-parenting.net or ashley.ng@education.wa.edu.au.

