



## NEWMAN SENIOR HIGH SCHOOL CANTEEN MENU



**Canteen Manager - Mrs Supaluck Rainford - 0457 096 073**

The canteen can be accessed by students during recess and lunch. Please kindly place lunch orders at Recess.

The Canteen cannot offer an account. No credit unless set up with Canteen Manager.

### Available Every Day

Sandwiches   Rolls   Wraps				
	Sandwiches		Rolls/Wraps	
Ham & Cheese	\$	3.50	\$	4.00
Ham, Cheese & Tomato	\$	4.00	\$	4.50
Ham & Salad	\$	4.00	\$	4.50
Chicken & Cheese	\$	4.00	\$	4.50
Chicken, Lettuce & Mayo	\$	4.00	\$	4.50
Chicken & Salad	\$	4.50	\$	5.00
Plain or Curried Egg Egg &	\$	3.50	\$	4.00
Lettuce	\$	4.00	\$	4.50
Tuna & Cheese	\$	3.50	\$	4.00
Tuna & Salad	\$	4.00	\$	4.50
Salad	\$	3.00	\$	3.50
<i># Wholemeal bread on request</i>				
BLT	\$		\$	4.50
Chicken and Salad	\$		\$	4.50

#### Salad Platters

Salad	\$	4.00
Ham & Salad	\$	5.50
Chicken & Salad	\$	5.50
Tuna & Salad	\$	5.50
Extra's		
Egg and Pineapple	\$	0.50

#### Drinks

Water 600ml	\$	2.00
Nippy's Flav Milk 250ml	\$	2.50
Milk Drinks 300ml	\$	3.00
Milk Drinks 600ml	\$	4.00
Hot Chocolate (Term 2&3)	\$	2.00

#### Juice's

Daily Juice Orange 500ml	\$	3.50
Daily Juice Apple 500ml	\$	3.50
Assorted Slushies	\$	2.00
Mixed Fruit Boxes	\$	2.00

#### Fruit

Pieces of Fruit	\$	1.00
Mixed Fruit Cups	\$	1.00
Sorbets Ass Flav	\$	2.50
Jelly Cups with Fruit	\$	1.00

### Lunchtime

#### MONDAY

Hot dog & sauce	\$	3.50
Hot dog, sauce, cheese & onion	\$	4.50
Meat pie	\$	4.00
Sausage roll	\$	3.50
Sauce	\$	0.50

#### TUESDAY

Chicken salad burger	\$	5.00
Beef salad burger	\$	5.00
Macaroni and Cheese	\$	5.00

#### WEDNESDAY

Italian Meatballs with pasta	\$	5.00
Fried Rice with chicken	\$	5.00
Potato Bake	\$	5.00

#### THURSDAY

Chilli Chicken & salad wrap	\$	5.00
Mayo Chicken & salad wrap	\$	5.00
Beef Nacho's	\$	5.00
Spaghetti Bolognese	\$	5.00

#### FRIDAY

Roast meat & gravy roll	\$	5.00
Alternate - Chicken, Pork or Beef		
<i>Alternate weeks -</i>		
Chicken Pasta Bake	\$	5.00

### Recess

#### Toasties - Daily

Ham & Cheese	\$	3.50
Ham, Cheese & Tomato	\$	4.00
Chicken, Cheese & Mayo	\$	4.50
Bacon & Cheese Puffs	\$	2.00

#### Assorted Snacks

(e.g. Potato Sticks, Rice Wheels)	\$	1.00
Blueberry Muffins	\$	2.50

All items are colour coded as per the school Traffic Light system

Green - Healthy

Amber - Select in moderation

\* Please note that both items and prices are subject to change/availability