

Newsletter

Issue 4

02 JULY 2020



Principal's Address



Happy Holidays! (Almost!)

At the end of the weirdest term in what's shaping up to be the weirdest year – congratulations to all of us for getting to here. I hope our families have opportunities to enjoy the relaxed restrictions over the holidays. It's certainly a great bonus for the changes we've all made, and will continue to make this year.

So here we are in winter. I am happy to say early next term we will be sharing details of:

- School ball and presentation night details for Year 12
- Year 10 course selection information night and meetings
- Year 6 transition arrangements
- McClements Foundation Leadership Challenge for Year 11 students
- Parents Night

Of course, everything subject to the fluid, flexible and adaptable approaches we've needed.

Over the holidays, I would really appreciate it if parents and caregivers make the most of any opportunities for talking to children about the importance of our school values of Care and Compassion. At school, this includes acting with kindness, being polite and considerate. It means treating others with courtesy, dignity and respect.

I think it is essential all students learn to treat others with care and compassion, and practice this even when times are tough and people are struggling. These skills are critical for long term relationships and in the workplace. There's no doubt that skills like disagreeing in an agreeable way can be hard to learn. However, they are so important in all our lives, and teenage years are a good time to learn them in a safe environment at school and home. I appreciate support from families in reinforcing the importance of these expectations.

And just a reminder – high levels of attendance are expected from all students – it's best to be at school. The goal for all students is attendance over 90%. Any concerns or help you would like with this – contact Student Services – we're keen to improve our whole school attendance so it's better than Pilbara high schools and better than the state average – that means every student aiming for higher than 90% attendance.

I hope you enjoy seeing some of the activities students have been involved in over the last few weeks.

A handwritten signature in black ink, appearing to be 'CJ Cook'.

Carolyn J Cook
Principal

COVID Response

Students have been provided with school drink bottles to fill up at the newly installed water dispensers, in line with Department of Education hygiene guidelines.



NAIDOC Week

All whole school NAIDOC events will be moved to Term 4 Week 5 (9 – 3 November 2020)

Some Learning Area NAIDOC Week activities will still be taking place between 29 June – 3 July.

**School returns on
Monday
20 July 2020**



Good Vibe Tribe

The Good Vibe Tribe is a seven session activity program that teaches the students seven tips to a healthy headspace in a super fun and creative way.

Students painted, created, potted plants and learnt about good choices. Staying active, connections, healthy living and getting your sleep on were just some of the topics discussed.

It was good to see the students come in and really enjoy getting involved in all of the activities.

Thank you to Briony Stockdale (Youth Wellbeing Worker) from Headspace Pilbara and also our School Chaplain, Phyllis Lockyer.

Ms Sandy Tandy
Student Services Manager



Discovering Relationships Using Music, Beliefs, Emotions, Attitudes, and Thoughts

In Term 3 Drumbeat 'building resilience through rhythm' program will commence with a variety of students. These sessions will be run by Save the Children and EPIS.



Year 7 – Natural Resources

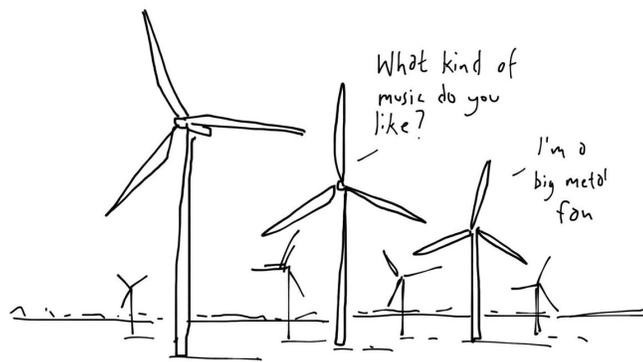


Students did an experiment to determine which angle of the turbine was the most efficient, the fan acted as the sea breeze.

Students also tested efficiency of design (which fan spun the fastest).

Mr Paul Natale
Science Teacher & Upper School
Student Support Coordinator

Left to right: Taison, Kyle, Tige, William, Abel, Carmen, Samuel and Paige



@MooseAllain www.worldofmoose.com

Left to right: Kyle, Tige, Lexis, Abel, Carmen and Taison



Reconciliation Week BBQ

National Reconciliation Week is intended to celebrate Indigenous history and culture in Australia and foster reconciliation discussion and activities.

On Friday 5 June, combined with our Reconciliation Week BBQ our Student Council organised a 'wear your sports colours to school' for a gold coin donation. Over \$150 was raised and donated to the Newman Lions Club.



Jake, Blair being served by Riley and Dr Phil McNamara (Deputy Principal)



Mr Matt Yarnold



Left to right: Tayia, Kalais, Mr Wayne Purcell, Riley and Bethanie cooking up sausages!

Healthy Food and Drink Policy

Schools are well placed to support healthy eating and can play a vital role in helping to reduce childhood obesity. Health and Physical Education curriculum delivered in public schools promotes nutrition and physical activity as part of a healthy lifestyle. We hope as a parent or carer you will support our school by encouraging your children to enjoy healthy food and drinks every day – especially at school.

Please click on the link for [healthy food choices](#)

Be advised that staff will **not** supply hot water for snacks or drinks, due to health and safety.



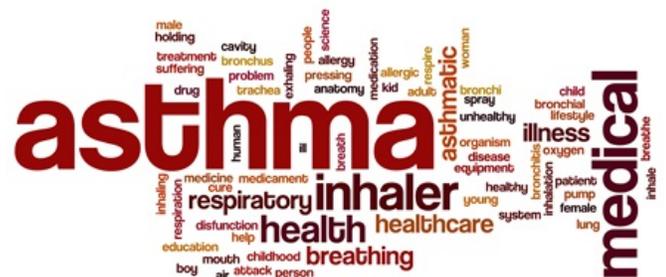
Year 7 Science



Aerosols



Spray cans of deodorant are **NOT PERMITTED** at school. This is due to the health risks for staff and students who are asthmatic.



Physical Education



Left to right: Michella Groves, Olivia Hughes, Mai Nguyen, Leah McDonnell, Justin Bonney and Tristan Salva

I would like to thank all the students and teachers for their patience during the tough time of COVID. We all know how important it is to be active. Thankfully things are returning to normal, this means students can burn off some energy and engage in Physical Education to the fullest, helping with their overall physical health and also their social and emotional health.

Get on board, Be Active!

Mr Shaun Atto
HPE/Arts/Technologies HoLA



Home Economics

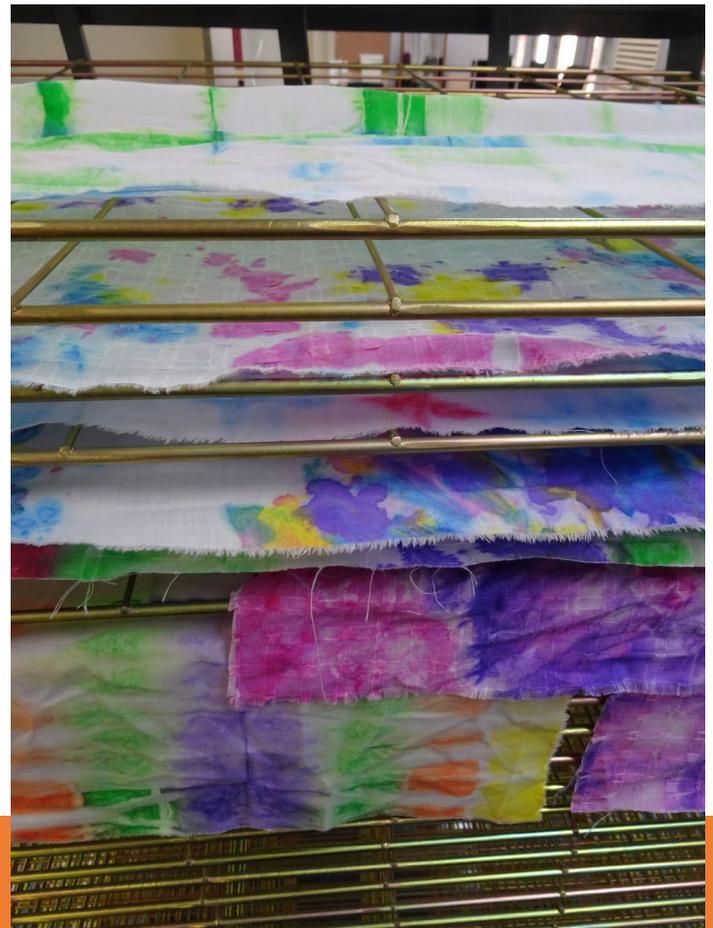
Year 7



We had great fun making personalised fabric to turn into a pencil case or make-up bag. The fabric was sun-dyed and then students learnt to use the sewing machine.



Left to right: Lucy, Hayleigh, Taison, Paige, Samuel, Lena, Makayla, Amin, McKenzie and William.



Year 8

Savoury muffins are a great lunchbox go to. The class made a variety of muffins which could be frozen and then taken to school for lunch.



Jayden and Jye

Year 9/10

On Thursday 25 June 2020 our Year 9/10 Home Economics class presented two food items they thought would be good on a café menu. Our school judge, Ms Janice Weir, enjoyed testing all the suggestions.





Year 10

After completing a variety of textile projects students made a 30cm patchwork block from leftover scrap fabric. These have been kindly made in to a quilt by Mrs Pamela Thompson who works as an Education Assistant in the Home Economics area. The quilt will be donated to a local charity.



Jordan and Ms Pamela Thompson



Year 11

The class has been looking at social issues which affect families and looking at ways they can help out. After discussion it was decided to look at Newman Women's Refuge and how we could contribute. Toiletry bags were made and filled with basic items for the women, and a range of soft toys were included for children.

Some of the fabric for the bags was dyed using 'Sun Dyeing' dyes and various dyeing techniques.

Ms Sandra Goerling
Home Economics Teacher



Ashlee and Mikayla



DETECT Schools Study

You may remember that Newman Senior High School is one of 80 public schools, education support settings, and residential colleges from the metropolitan area and the regions participating in the DETECT Schools Study: Understanding the impact of COVID-19 in Western Australian Schools.

Term 3 in Weeks 1-2, students in Years 7-12 will be asked to complete the first of two brief 15-minute surveys. The second survey will be completed in November, 2020.

Children will be asked to answer questions about

- Their age, gender, languages spoken at home
- How COVID-19 has affected them at school, at home and with their relationships
- Their feelings about their wellbeing

Students who have parental consent to complete the survey (e.g. their parent did not complete an 'opt out form' will be asked to provide consent e.g. if they would like to fill out the survey or not.

Most children who have participated in similar research have enjoyed the experience and like to feel heard and valued in their opinions. However, some children may feel that some of the questions we ask are stressful or upsetting. If a child does not wish to answer a question, they may skip it and go to the next question, or they may stop immediately.

We have notified our school's psychologist, nurse, chaplain and AIEO, as applicable, and they are available if any student appears upset or stressed as a result of completing the survey. All students will be given information about the Kids Helpline and Youth Beyond Blue.

If your child is showing any signs of distress after completing this survey, please contact me.

Mr Daniel Drummond
Deputy Principal



HAVE A GREAT BREAK!